



# mhaosf

Mental Health Association of San Francisco

20



22

REDEFINING  
CRAZY

10.12 – 10.14

a live virtual conference

on Hoarding Disorder & Communities Reclaiming Wellness

12–5 PM [PDT]

join via zoom

## TRACK SCHEDULE

- track one – hoarding & cluttering
- track two – communities reclaiming wellness

[register here](#)

[WWW.MENTALHEALTHSF.ORG](http://WWW.MENTALHEALTHSF.ORG)

# REDEFINING CRAZY FALL CONFERENCE 2022

it's the system, not the people

## TRACK ONE – HOARDING & CLUTTERING

### 10.12.22

- 12:00—12:15 ● Opening Remarks
- 12:15—1:15 ● Sorting & Decision Making: Two Key Skills for Effective Decluttering  
KEYNOTE DAY ONE // DR. MICHAEL TOMPKINS
- 1:15—1:30 ● BREAK
- 1:30—3:00 ● Taming Clutter: Hoarding Disorder Research & Treatment Advances  
CAROLYN RODRIGUEZ // PETER VAN ROESSEL  
HANNAH RAILA // TATEVIK AVANESYAN
- 3:00—3:15 ● BREAK
- 3:15—4:15 ● Hoarding in the Family: Treatment and Healing  
SUSIE DUBOIS
- 4:15—4:45 ● NETWORKING
- 4:45—5:00 ● End of Day Remarks

### 10.13.22

- Opening Remarks ● 12:00—12:15
- Queer As in Abolishing the Police: Criminal Justice & Black LGBTQ People ● 12:15—1:15  
KEYNOTE DAY TWO // PRESTON MITCHUM
- BREAK ● 1:15—1:30
- Clinical Clutter: Address Disorders Comorbid to Hoarding Disorder ● 1:30—3:00  
SUZANNE CHABAUD, PH.D. // MELISSA HLADEK, CSA® CPO®
- BREAK ● 3:00—3:15
- How Much Stuff Can Fit Into My Space? ● 3:15—4:15  
ELIZABETH BARR
- NETWORKING ● 4:15—4:45
- End of Day Remarks ● 4:45—5:00

### 10.14.22

- 12:00—12:15 ● Opening Remarks
- 12:15—1:15 ● Re-Envisioning Community Response  
KEYNOTE DAY THREE // JESSE EDSSELL-VETTER
- 1:15—1:30 ● BREAK
- 1:30—2:30 ● My Pop-Pop's Bayonet: Losing a Loved One, Acquiring the Things They Loved  
LEE SHUER
- 2:30—2:45 ● BREAK
- 2:45—3:45 ● Hoarding: From a Loved One's Point of View  
KOZI ARRINGTON // ZAKIYA JOHNSON
- 3:45—4:00 ● BREAK
- 4:15—4:45 ● NETWORKING
- 4:45—5:00 ● End of Day Remarks



# REDEFINING CRAZY FALL CONFERENCE 2021

it's the system, not the people

## TRACK TWO – COMMUNITIES RECLAIMING WELLNESS

### 10.12.22

- 12:00—12:15 ● Opening Remarks
- 12:15—1:15 ● Sorting & Decision Making: Two Key Skills for Effective Decluttering  
KEYNOTE DAY ONE // DR. MICHAEL TOMPKINS
- 1:15—1:30 ● BREAK
- 1:30—2:30 ● May Our Burning Bridges Light the Path Forward  
ANA AGREDANO // ANGEL CARRASCO
- 2:30—2:45 ● BREAK
- 2:45—3:45 ● Plant Connection SF  
ALEN NYE
- 3:45—4:00 ● BREAK
- 4:00—4:45 ● Spiritual Gumbo  
RENEÉ RAMCHARITAR
- 4:45—5:00 ● End of Day Remarks

### 10.13.22

- Opening Remarks ● 12:00—12:15
- Queer As in Abolishing the Police: Criminal Justice & Black LGBTQ People ● 12:15—1:15  
KEYNOTE DAY TWO // PRESTON MITCHUM
- BREAK ● 1:15—1:30
- Uncommon Ground: Creativity Keeps Us Sane ● 1:30—2:30  
SHIZUE SEIGEL // TUREEDA MIKELL
- BREAK ● 2:30—2:45
- Skywatchers: The Slow Art of Belonging ● 2:45—3:45  
SHAVONNE ALLEN // FREDDY MARTIN  
DAZIÉ GREGO SYKES // ANNE BLUETHENTHAL
- BREAK ● 3:45—4:00
- We See You, We Hear You, We Need You! ● 4:00—4:45  
DAVID PAN // JAIME FAUROT
- End of Day Remarks ● 4:45—5:00

### 10.14.22

- 12:00—12:15 ● Opening Remarks
- 12:15—1:15 ● Re-Envisioning Community Response  
KEYNOTE DAY THREE // JESSE EDSSELL-VETTER
- 1:15—1:30 ● BREAK
- 1:30—2:30 ● Bringing the Peer Perspective to the Criminal Justice System  
JULIA OWENS // ANGIE GARCIA // SHUJA JOHNSON
- 2:30—2:45 ● BREAK
- 2:45—3:45 ● Psychiatric Advance Directives  
TERRI BOHRER
- 3:45—4:00 ● BREAK
- 4:00—4:45 ● Wellness Tools & Creativity  
BJ PHILLIPS // ROBIN WILSON-BEATTIE
- 4:45—5:00 ● End of Day Remarks